

ABOUT YOU

Full Name _____

Gender M F Other

DOB ____ / ____ / ____

Address _____

✉ _____

☎ _____

Approx. Height ____ ft ____ in

Approx. Weight _____ lbs

Do you use tobacco products?
 Y N Not anymore

Do you drink alcohol?
 Y N Not anymore

RACE

- American Indian/Alaskan Native
- African American
- Asian
- Caucasian
- Hispanic or Latino
- Native Hawaiian/Pacific Islander
- Other
- Decline



WORK DEMANDS

Occupation _____

Hours spent on computer per day: 0-3 3-6 6-9 9+

Special visual demands for work:

- Computer Lenses
- Safety Glasses
- Extra magnification
- Other

HOBBIES

- Fishing/Boating
- Golf
- Swimming
- Knitting/Sewing
- Reading/Writing
- Cycling
- Motorcycles
- Other



YOUR EYE HEALTH HISTORY

Please mark if you have ever been diagnosed with:

- Cataract
- Macular Degeneration
- Glaucoma
- Diabetic Retinopathy
- Dry Eye
- Eye Infection/Inflammation/Allergy
- Iritis or Uveitis
- Retinal Defects or Degenerations
- Keratoconus/Other Corneal Disorder
- Nevus (Freckle) of the Eye

Do you have any history of eye disease, injuries, or surgeries not listed above? If so, please list:



LAST CHECKUP

When was your last **physical**? _____
 Doctor _____

When was your last **eye exam**? _____
 Doctor _____

YOUR VISION

Are you happy with your vision?

- Yes No Unsure

Do you wear glasses or contacts?

- Glasses Contacts Both

When do you wear your **glasses**?

- I don't wear glasses For distance
 For near For computer use
 Always When not wearing contacts

CONTACT LENSES

Are you interested in **contacts**?

- Yes No Unsure

Are you interested in **Ortho-K specialty lenses**?

- Yes No Unsure

What type of contacts have you worn before?

- None Soft Hard
 Ortho-K Myopia Control

If you wear **contacts**, please answer:

What type of lenses do you wear? _____

How many hours per day do you wear them? _____

How often do you replace your lenses? _____

What type of solution or drops do you use? _____

How often do you sleep in your lenses? _____

How old are your current lenses? _____



YOUR SYMPTOMS

Please mark if you are experiencing any of the following **vision issues**:

- Blurred Vision Night Glare
 Eyestrain Double Vision
 Eye Pain Total Loss of Vision
 Light Sensitivity Floaters
 Headache Flashes of Light
 Poor Night Vision Loss of Side Vision

Please mark if you are experiencing any of the following **comfort issues**:

- Dryness Watering
 Redness Irritation
 Itching Discharge
 Burning Pain



Rate the **frequency** of each symptom:

0= Never 1= Sometimes
2= Often 3= Constantly

	0	1	2	3
Dryness/Grittiness				
Soreness/Irritation				
Burning				
Watering				
Eye Fatigue				



Rate the **severity** of each symptom:

0= None 1= Tolerable 2= Uncomfortable
3= Bothersome 4= Intolerable

	0	1	2	3	4
Dryness/Grittiness					
Soreness/Irritation					
Burning					
Watering					
Eye Fatigue					

YOUR HEALTH

Overall Health:

- ◆ No Health Problems
- ◆ Developmental Delays
- ◆ Cancer
- ◆ Fatigue Syndrome
- ◆ Other _____

Ear, Nose and Throat:

- ◆ None
- ◆ Hearing Loss
- ◆ Sinusitis
- ◆ Dry Mouth
- ◆ Laryngitis
- ◆ Other _____

Psychiatric

- ◆ None
- ◆ Depression
- ◆ Attention Deficit
- ◆ Anxiety Disorder
- ◆ Bipolar Disorder
- ◆ Other _____

Cardiovascular

- ◆ None
- ◆ Hypertension
- ◆ Stroke/CVA
- ◆ Heart Disease
- ◆ Vascular Disease
- ◆ Congestive Heart Failure
- ◆ Other _____

Hematologic/Lymphatic:

- ◆ None
- ◆ Anemia
- ◆ Large Volume Blood Loss
- ◆ Ulcer
- ◆ Hypercholesteremia
- ◆ Other _____



Respiratory:

- ◆ None
- ◆ Cigarette Smoker
- ◆ Asthma
- ◆ Bronchitis
- ◆ Emphysema
- ◆ Chronic Obstruction
- ◆ Sleep Apnea
- ◆ Other _____

Gastrointestinal:

- ◆ None
- ◆ Crohn's
- ◆ Colitis
- ◆ Ulcer
- ◆ Acid Reflex
- ◆ Celiac Disease
- ◆ Other _____



Genitourinary:

- ◆ None
- ◆ Kidney Disease
- ◆ Prostate Disease/Cancer
- ◆ STD-Herpetic/Chlamydia
- ◆ Benign Prostate Hypertrophy
- ◆ Pregnant
- ◆ Nursing
- ◆ Other _____

Musculoskeletal:

- ◆ None
- ◆ Arthritis
- ◆ Osteoarthritis
- ◆ Fibromyalgia
- ◆ Muscular Dystrophy
- ◆ Ankylosing Spondylitis
- ◆ Osteoporosis
- ◆ Gout
- ◆ Other _____

Integumentary:

- ◆ None
- ◆ Eczema
- ◆ Rosacea
- ◆ Psoriasis
- ◆ HSV/Cold Sores
- ◆ Herpes Zoster/Shingles
- ◆ Other _____

Allergic/Immune:

- ◆ None
- ◆ Drug Allergies
- ◆ Environmental Allergies
- ◆ Rheumatoid Arthritis
- ◆ Lupus
- ◆ Sjögren's Syndrome
- ◆ Other _____

Neurological:

- ◆ None
- ◆ MS
- ◆ Epilepsy
- ◆ Cerebral Palsy
- ◆ Tumor
- ◆ Stroke/CVA
- ◆ Migraine
- ◆ Other _____

Endocrine:

- ◆ None
- ◆ Type 1 Diabetes
- ◆ Type 2 Diabetes
- ◆ Thyroid Dysfunction
- ◆ Hormonal Dysfunction
- ◆ Other _____

If diabetic, please list:

Last A1C: _____

Average BSL: _____

MEDICATIONS

Please list medications:

Preferred Pharmacy _____

Pharmacy Location _____

Medication Allergies _____

Other Allergies _____

Are you currently using any **eye drops/vitamins**? If so, please list:



YOUR FAMILY

◆ *Mark if family history is unknown.*

	Mother	Father	Sibling	Child	Grandparent	Unsure
Cancer						
Diabetes						
Hypertension						
Cataract						
Glaucoma						
Corneal Disease						
Macular Degeneration						
Retinal Detachment						
Other Retinal Disorders						

I acknowledge that I have received access to a copy of Dr. Ben and Christy's Notice of Privacy Practices and that fees not covered by my insurance will be my responsibility.

MODEL RELEASE: During your visit you may be asked to pose for a photo. Posing for a photo to be used on social media or on our website constitutes consent to use your image.

Patient/Guardian Signature _____ Date _____